STATE OF THE WOMAN

Be inspired to Do More, Be More, Achieve More.

September 17 - 19, 2025
Gaylord National Harbor



About Us

The State of the Woman conference is a premier event for women who have achieved significant milestones in their careers and are looking to build meaningful connections with peers and the next generation of leaders. The event features acclaimed featured speakers, inspiring panel discussions, and transformative workshops, all designed to unlock new levels of success for women in the workplace.

Our Mission

Our mission is to foster deep, authentic relationships among accomplished women, creating a network of peers that inspires collaboration, innovation, and opportunity.

We are dedicated to inspiring and empowering women to achieve new levels of success. Through engaging workshops and proactive problem-solving, we aim to help women build careers that are not only successful but also sustainable and enriching.

Recognizing the importance of cultivating future leaders, we are committed to preparing the next generation of women leaders. Each year, we invite a select group of high-potential women to join the conference, offering them the opportunity to connect with and learn from trailblazing leaders paving the way for progress.

Benefits

- Programming curated specifically for executive-level women
- Shape the next generation of women leaders
- A chance to share your perspectives and workshop solutions
- Powerful networking opportunities
- A supportive community of other high-achieving women
- A chance to gain new perspectives

855.365.4545

Gaylord National Harbor
201 Waterfront St
Oxon Hill, MD 20745

www.stateofthewoman.com

AGENDA

Wednesday, 9/17

3:00 pm - 5:00 pm
Registration

6:00 pm - 8:00 pm
Welcome Reception

Thursday, 9/18

7:30 am - 8:30 am
Breakfast

8:30 am - 8:45 am
Welcome and Introductory Remarks

8:45 am - 9:45 am
The Leadership Landscape: What's Changing and What's Next
Terrian Barnes, Principal/Owner Fe-Smart
Sherri Miles, President Miles Roofing
Christine Aspell, Managing Partner KPMG

9:45 am - 10:00 am
Break

11:00 am - 12:00 pm
Featured Speaker: Dorothy Suskind
Disruptive Change Agents in Communities

10:00 am - 11:00 am
Innovation and Agility in a Bespoke Economy
Tahera Zamanzada, VP of Innovation ICF International
Natalie Buda Smith, Director of Digital Strategy OCIO

12:00 pm - 12:15 pm
Break

12:15 pm - 1:30 pm
Lunch & Featured Speaker: Sally Roberts
Co-Founder & CEO Wrestle Like A Girl

1:30 pm - 2:30 pm
Workshop #1

2:30 pm - 3:30 pm
Workshop #2

3:30 pm - 3:45 pm
Break

3:45 pm - 4:30 pm
Focus on Fashion

4:30 pm - 5:30 pm
Reception

Attendees will have the opportunity to participate in two of four interactive workshops, covering Building a Personal/Professional Brand, Becoming Board Worthy, Navigating Health Challenges, and Opportunities with Executive Compensation. Be a part of the change—attendees will work together to address key challenges women face in business, with their solutions published following the conference to drive continued impact.

AGENDA

Friday, 9/19

7:30 am - 8:30 am
Breakfast

8:30 am - 9:30 am
The Psychology of Money For Women: Unlocking Financial Empowerment & Confidence
Kathleen Burns Kingsbury, Founder of KBK Wealth Connection and Author
Maria Tedesco, President Atlantic Union Bank

9:30 am - 9:45 am
Break

9:45 am - 10:45 am
The Whole Story: Reframing Health for Today's Woman
Toni Ardabell, Chief Clinical Enterprise Operations at Inova Health System
Bonnie Price, Administrative Director Community Health - Violence Response at Bon Secours
Dr. Nazaneen Homaifar, Obstetrician-Gynecologist at Inova Health System
Laura Kelly, Licensed Dietician Nutritionist at Aperion Wellness

10:45 am - 11:00 am
Break

11:00 am - 12:00 pm
Roundtable Conversations

12:00 pm - 1:00 pm
Lunch & Featured Speaker: Denise Hamilton
Indivisible

1:00 pm - 1:30 pm
Closing Remarks

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